Course Title : Urology Resident's Course 2015, Singapore

Submitted by : Takanobu Motoshima
Department/ : Kumamoto University

Institution

Country : Japan

Date : 20<sup>th</sup> August 2015 (Thursday) to 24<sup>th</sup> August 2015 (Monday)

### A) Background

I know that UAA will be held in the Singapore this year by the public offering from the Japanese Urological Association. Originally I am interested in study abroad and attend the overseas society and above all I want to know which level am I among Asian urologist of the same generation. Compare my process that has been trained as urologist so far in Japan with the urologists of other countries lead to reconsider own standing position again and also have an opportunity to think about the future of the process.

### **B) Course Objectives**

The purpose of this course is, judge objectively about a level of own urologist practice level and ability. In addition, I want to know the level of the Asian urologist at same generation. I want to deepen interchange with the urologist of each Asian country and know each other for understand and work together in competition. I consider these results lead to raising the level of Asia urology.

#### C) Lessons Learnt

First of all, lecture started from the medical statistics, and Kidney & Bladder Cancer, Penile, BPH, Reconstruction and also Adrenal & GU infections lecture continued. We could learn wide range of urology fields. In addition, that was very meaningful because we had a time not only study by the lectures but also handling practical procedures of urology like cystscope and ligation methods of laparoscopic surgery. In addition, we could learn the concept of a method of treatment by the evidence of the latest paper and think up typical disease of examination, imaging findings and treatment. The candid impressions, there is not significantly change from the current Japan's treatment policy, it has been found that treatment policy and thought were not vary greatly just because different country. In order to feel its way, it is needed listen the actual discussion not a just listen the lecture.

### D) Benefits

More than anything, it was a very good experience was able to interact with another countries doctors. Knowing the actual own standing position by obtaining a wider insight was very meaningful experience. In addition, UAA was took place mainly at the national hospital, and had the opportunity to tour actual urology clinic. It was my first time look at the clinical site except home country. It was very fresh to see actually system and diagnostic devices.

### E) Recommendations

I would recommend attend this study session for the next applications. First of all, there are many opportunities to relationship with another countries urologists. When I attended an ordinary overseas society, there is absolutely less time to share other countries, but UAA has many opportunities of that because lecture was very long and also very hard from the morning to the evening, then attended together for such as went to restaurant and drink naturally and the distance was getting close. Because of a national character of Singapore, attendees were very kind and helpful. I think there are a few courses that that can feel homely atmosphere. I want to recommend this course for purpose of not only simply store new and wide urological knowledge but also forum for international exchange.

# F) If you are asked to rate this course over 10, what is your rating? 6 - 8 Good

## G) Networking

## H) Photographs with captions

## <u>No.1</u>



This picture was taken in the morning at first day.

2 girls were from Vietnam and Japan and a man from Vietnam who is my roommate.

### <u>No.2</u>



This picture was taken after finished all courses with tired and joy.