

Course Title : Asian Urology Resident's Course (AURC) 2017 in conjunction with the 15th UAA Congress 2017

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Department/
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Country : Japan

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A) Background

My current position is a senior urology resident of the University of Tokyo. I applied for the AURC this year in order to expand my network by meeting other fellow urology residents from the Asia-Pacific Region. My sub-specialty interest is endourology and andrology.

B) Course Objectives

The AURC provides lectures that cover a variety of areas in urology, such as urologic oncology, female urology, pediatric urology, reconstructive urology, endourology, andrology, and transplant. Those lectures were given not only by other residents but also by the faculty members from the UAA as well as the American Urological Association (AUA). It was particularly interesting to learn the up-to-date topics in urologic oncology, andrology, endourology and transplant by the lecturers from the AUA.

C) Lessons Learnt

I was able to reorganize my knowledge in urology through the AURC. Some of the areas covered during the AURC, such as chemotherapy in testicular tumor or surgical treatment in female urology are the areas that I am not good at. However, the AURC lectures helped me review those topics to be ready for the board examination. The AURC also provided me with an opportunity to learn the most current guidelines in prostate cancer and uroethiasis.

D) Benefits

As I mentioned earlier, the AURC gives us the opportunity to learn the latest topics in all the areas in urology. In addition, you can learn some tips on urologic surgery. For example, I learned an effective and safe way to make a percutaneous access tract for the percutaneous nephrolithotomy (PCNL) during the AURC. I am currently using that tip in my institution and it works quite well. You can register for the UAA congress for free by attending the AURC. The UAA congress was a great meeting to learn the latest UAA guidelines and research topics by renowned urologists in Asia.

E) Recommendations

I would highly recommend other urology residents from Asia to apply for the AURC. This is a great course to expand the network and to learn the latest topics in urology. The AURC motivates you to study even after the course ended.

F) If you are asked to rate this course over 10, what is your rating? 8

Areas of Improvement (if applicable) ___ I wished I could have learned more on pediatric urology. Unfortunately, the time provided for pediatric urology during the AURC was relatively short.

I also think that it would be better if we could see live surgeries in a local institution.

(1-5 Could be Better (please indicate areas of improvement))
6 - 8 Good 9-10 Excellent)

G) Networking

I stayed in a hotel with a urology resident from Singapore. You can be great friends with each other by sharing a room and having breakfast together. I also became friends with other urology residents in a hotel gym when I worked out after the lectures. The dinner on the first day was a wonderful occasion to meet with other participants over drinks. I was fortunate to have lunch with some of the faculty members during the AURC. It was exciting to learn directly from the world's experts.

H) Photographs with captions



Myself is the second one from the right in the second row in this group photograph.