

2014 国際交流基金プログラム フェロー滞在報告

	NAME	Country	滞在時期	Host Institution	備考
1	Robin Joshi	Nepal	5/10 – 7/27	山口大学	
2	Taile Jing	China	1/28 – 4/28	岡山大学	
3	Mohammad Faisal Islam	Bangladesh	3/2 – 6/2	熊本大学	
4	Bhupendra Pal Singh	India	5/31 – 7/15	宮崎大学	
5	Mya Thanda Than	North Korea	3/31 – 6/28	東京慈恵会医科大学	

フェローからのレポート

【1. Dr. Robin Joshi 】

My heartfelt gratitude to JUA and Prof. Hideyasu Matsuyama and his wonderful team of Yamaguchi University Hospital, urology department.

The training period has been seamless. In Ube, learning and sharing have been an over-all urological Package. I was able to witness fine radical prostatectomy by Prof. Matsuyama, radical and donor nephrectomy by Dr. Uchiyama and Pediatric urology by Dr. Shiraishi. Other surgeries worth mentioning are female urology, gold marker insertions, some endourological procedure for Ca Bladder and Prostate and Holey. Laparoscopic radical and donor nephrectomy in other hospitals were also admirable. The wonderful system in the department has allowed me to communicate freely and all of Japanese colleagues have been very very helpful and co-operative in teaching. The total package of Urological surgery at yamaguchi university hospital is very much praiseworthy. The state of art operation theatres with up-to-date modern equipment and above all in the expert hands made difficult surgeries look easier and understandable.

Apart from learning days I had lots of pleasure trips .Enjoyed lots of other places here in Yamaguchi prefecture and the places are just scenic and very beautiful. Shimonoseki was one of the places that I loved. The long tunnel under the sea and scenic bridge joining the Kyusu Island was very eye-catching. I had the opportunity to go to Miyajima to see and feel the world Heritage site. It was one of the fantastic place I ever visited.

I must admit that my stay here in Japan has been a comprehensive package of entertainment and learning opportunity to polish my urology surgical knowledge .I am very indebted.



【2. Dr. Taile Jing 】

The clinical visit occurred from 9th February to 28th April, and the main areas of interest were robotic assistant surgery and laparoscopic surgery, under the tutorship of Prof. Hiromi Kumon and Prof. Yasutomo Nasu, respectively. In these 3 months, they showed me how Japanese out-clinic works, taught me how to offer high quality consulting service for patients and arranged various kinds of surgical training programs for me. I want send my sincere thanks to Prof. Kumon and Prof. Nasu for the big help they offered.

Okayama hospital is one of the largest and leading hospitals in Japan, providing supra-regional tertiary care for resident of a large part of the western section of the country. Recently, it was renewed and greatly expanded, become a modern center of excellence, with high level care facilities. The department of Urology includes a clinical ward and outpatient clinic providing modern and comfortable conditions to patients. The new operating center includes more than 20 operating rooms, 3 of them was fully equipped with up-to-date technological resources for the performance of frontline innovation procedures in all fields of urology. Strict protocol regarding prevention of infection, patient safety and privacy, and surgical quality control are followed.

This three-month training in urology certainly enhanced my knowledge of urology and endourology. I witnessed about various urological surgeries such as robotic assisted radical prostatectomy, robotic assisted pyeloplasty, AMS, robotic assisted nephrectomy, etc. performed by different urologists. Everyone have their fine points of expertise in their technique. It was a great opportunity for me to get acquainted with the modern endourological devices and learn how to handle these equipment and use them on patients. It was an honor for me to participate in the training and I would like to express my heartfelt thanks to JUA and all the staffs for their immerse assistance and warm hospitality.

【3. Dr. Mohammad Faisal Islam】

This is my first visit in Japan, totally a new society and culture to me. I started my clinical attachment from 3rd March 2014. It will be finished on 30th May 2014, a total of three months. A warm hearted welcome from the department of Urology, Kumamoto University Hospital broke the ice in me, which helped me a lot to be free and intimate with the colleagues.

During the stay, I observed many Robot-Assisted Laparoscopic Prostatectomy (RALP) surgeries. I know the steps of the surgery including nerve-sparing procedure. I know the pelvic lymphadenectomy as well. Moreover, Professor Masatoshi Eto, M.D., Ph.D. taught me during and after surgery about pros and cons of Prostate cancer management. I was allowed to see the whole procedure in the 2nd Robotic consol. It was a new horizon in my carrier. Thanks Sensei Masatoshi Eto.

Other surgical procedures like laparoscopic adrenalectomy is pretty much common surgical interventions, I observed. There were also donor Nephrectomy (Single port Lap surgery) and laparoscopic Radical Cystectomy. I was a regular attendee in OR. Sometimes I attended both Operating rooms when interesting Urological

Operations were undertaken simultaneously in different theatre. I am belonging to such urological society where these surgeries are common but usually undertaken in open procedure. Definitely Laparoscopic exposure has enriched me much. Now, I am encouraged and confident about laparoscopic major Urological Intervention. My every endeavor will be toward establishing lap procedure in my country.

On the day of no operation in University Hospital, I felt privileged when Prof. Eto arranged to observe surgeries in other Hospitals in Kumamoto as well as Fukuoka. I observed LRP, PCNL, various Sling procedures for continence, Laser prostatectomy, application of Artificial urinary sphincter, Hypospadias reconstruction and many other major and minor procedures. I am thankful to the professor and colleagues in Kumamoto University Hospital, Kumamoto City Hospital, Kumamoto Urology Hospital and Children (Kodomo) Hospital in Fukuoka.

I attended the grand round and weekly conferences. I learnt many tips about imaging especially MRI. I became aware about multipara metric MRI as well. There was a bit language barrier, nevertheless, according to convenience I tried to attend Out Patients Department (OPD) and watched the follow-up patients where colleagues translated many things to me in English. In the conference room, final decision is reviewed by going through the documents of the patient. Everybody gets involved and become aware of the status and decision of the patient. Friendly interactions enrich the residents and trainees.

In dry lab, I practiced laparoscopic dissection, suturing and knotting. However, I was permitted to use the Robotic simulator under supervision after passing online test. I presume this practice will help me in future.

I attended four days long 102nd JUA 2014 annual meeting in Kobe. It was huge. I was awarded JUA membership. I got much new and updated information on Cap, Bladder tumor and RCC from the lectures of reputed urologists of present era. I could image a clear picture on controversial Issues i.e. Cap screening, candidate for RP and conservative approach from long retrospective data of EUA. This meeting has changed the idea of treating of these diseases in me. I found many new technologies exhibited by industrial partners there. I got ideas from the system amid language barrier in poster presentation. I also attended Regional Urological Conference of Kumamoto on March 8th 2014.

Many of the residents here are engaged in various research programs, which are beneficial not only to himself or herself but also to the subject. Link research or research in collaboration with other countries will also flourish the countries in a mass, specially developing countries. Specially, I am looking forward to JUA for this kind of research. I have also a view of training structure of residents and responsibility of the seniors here.

Most important, I found the urologists and residents here following the National Guidelines, which is time to time upgraded. This symbolizes how advance Japanese urology is. I was always eager for a national guideline of urology for my own country since long.

I got an overview on recent advances in urology especially on uro-oncology. I am aware of many authentic news, views and new ideas. These experiences will definitely flourish my expertise in future. Kumamoto University Hospital is credential institute for urological training supervised by prudential and skilled mentors.

Stint spent in Japan was also enriched with politeness, hospitality, humble approaches, time management and Sakura. I am especially thankful to JUA to select me for this scholarship. I am also in debt to Prof. Mashatoshi Eto and other colleagues of Kumamoto for their kind cooperation, which helped a lot to learn Urology. They extended their hands before seeking help when I faced problem. Last but not the least, I am also thankful to Bangladesh Association of Urological Surgeons (BAUS) and Ministry of Health and Family Welfare, Bangladesh. I believe, this report must fall measurably short of what I learnt in this scholarship.

【4. Dr. Bhupendra Pal Singh】

I highly acknowledge JUA for providing me this great opportunity to visit Japan for experiencing the urological practices in Japan and learning from them.

During my observer ship at Department of Urology, Miyazaki University, I observed many advanced laparoscopic surgeries (radical cystectomy, partial nephrectomy and radical nephrectomy) and endourological cases (Holep, FURS and PCNL). I also attended the departmental conferences and grand rounds. Prof. Toshiyuki Kamoto and his team had a great enthusiasm in showing and discussing various urological procedures and interesting cases to me. Meticulous dissection techniques in laparoscopy, FURS guided PCNL and single lobe enucleation technique of HOLEP were quite impressive. It was also a good opportunity to familiarize with modern 3D laparoscopic and advanced endourological devices. This experience has definitely enhanced my understanding of fine intricacies of various urological procedures and treatments.

Interaction with urology colleagues, medical students and staff was quite fruitful in learning about Japanese system of medical education, training, medical practice & patient care.

I am grateful to Prof. Kamoto and his team for their kindness, generosity and support. They also ensured me a comfortable accommodation & transport, taste of delicious Japanese food and sightseeing. I greatly appreciate the unforgettable and warm Japanese hospitality. I am sure to maintain a long term collaboration and relationship with my Japanese colleagues.

Many thanks to JUA staff for providing me the required support.

One again, my sincere gratitude to JUA for this wonderful opportunity!

【5. Dr. Mya Thanda Than】

This is Dr. Mya Thanda Than, Pediatric Surgeon in Yangon Children Hospital, Tangon, Myanmar. I got scholarship from JUA for 2014 programme to study Urology including Pediatric Urology cases for three months. I got a chance to study in Jikei University for about two months and National Center for Child Health and Development for four weeks. In Jikei University, I can study a lot of Laparoscopic Urology cases from 1st April to 18th May and 16th June to 27th June. In National Center of Child Health and Development, I learned pediatric

urology cases especially genial operations like hypospadias which is part of my protocol for Doctorate Course in my country, genitoplasty and bifid scrotum. During my stay in Japan, I could attend JUA International Conference in Kobe where I had a chance to know about advanced pediatric urology cases. I am very thankful to all of you in JUA for selecting and allowing me to study in two great hospitals in Japan. With your gratitude, I can enjoy Japanese culture and scenery in weekends. My study in Japan will be finished in 27th June, 2014.