

2025 JUA Asian Scholarship プログラム フェロー滞在報告

	NAME	Country	滞在時期	Host Institution
1	Yu-Chen Chen	Taiwan	2025/2/8 – 3/9	山梨大学
2	Siddharth Yadav	India	2025/3/16 – 4/29	愛媛大学
3	Ghazian Adli	Indonesia	2025/4/10 – 6/10	山口大学
4	Lim Li Yi	Malaysia	2025/9/19 – 10/30	福岡大学
5	Vinh, Vo Anh Trang	Vietnam	2025/9/14 – 11/23	横浜市立大学
6	Phirawat Phromprathum	Thailand	2025/10/16-11/18	東京科学大学
7	Tan Yi Quan	Singapore	2025/10/17-11/16	東海大学

フェローからのレポート

【1. Dr. Yu-Chen Chen, Kaohsiung Medical University Hospital, Kaohsiung, Taiwan】

I sincerely thank the Japanese Urology Association (JUA) and Yamanashi University Hospital for this JUA training program. As the Vice Secretary General of the Taiwan Continence Society (TCS) and Vice Chairperson of the TUA Pediatric Committee, my purpose for this visit was to learn about Functional Urology and Pediatric Urology, particularly regarding sacrocolpopexy, pediatric surgery, and the care of neurogenic bladder and interstitial cystitis/bladder pain syndrome (IC/BPS).

In Taiwan, most sacrocolpopexies are performed by OB-GYN physicians, and some pediatric surgeries are conducted by pediatric general surgeons. Throughout this one-month JUA program, I am grateful for the opportunity to attend Prof. Mitsui's outpatient clinic every Tuesday and Thursday. I would like to extend my thanks to Prof. Mitsui for his dedication in discussing each patient with me, including the diagnosis, evaluation plans, and treatment strategies. These aspects are crucial for taking care of overactive bladder, neurogenic bladder, IC/BPS and congenital pediatric diseases, and I have learned so much from this process.

During the surgeries, I am thankful for the chance to observe urethral reconstruction and robotic sacrocolpopexy (RSC), which are incredibly exciting for me as a functional urologist. Of course, there were also many cancer surgeries performed here. I would like to express my gratitude to Prof. Mitsui, Dr. Sawada, Dr. Kira, Dr. Mochizuki, Dr. Shimura and Dr. Ohtake, for discussing the important steps of the surgeries with me and even finding papers and books to teach me. Although there was only one RSC performed during my month here, I appreciate Dr. Mochizuki for finding many videos of RSC for me to review and for taking the time to translate the case histories into English for me.

I am deeply impressed by the culture of surgical training in Japan, where an experienced surgeons always observes the younger surgeons during the whole operations, allowing for step-by-step skill inheritance. The teaching attitude here is appreciated. Every Thursday afternoon, Prof. Mitsui conducts ward visits and inpatient conferences, discussing the conditions of inpatients, pre-operative evaluations to assess the feasibility of surgeries, and management strategies for challenging cases. In addition, I am grateful to Prof. Mitsui for allowing me to participate in the Yamanashi Regional Meeting on February 15, where I witnessed the valuable exchanges among urologists from various hospitals.

I am very grateful and honored to have met Prof. Takeda, and I appreciate our discussions on topics related

to Functional Urology. I also appreciate the warmth shown by every urologist here, who was willing to translate Japanese explanations into English for me. Additionally, I am particularly delighted to have encountered amazing female urologists here due to the scarcity of female urologists in Taiwan. I thank Dr. Ohtake and Dr. Kakibuchi for their continuous care of me and willingness to discuss urological diseases, as well as for comparing the differences in medical practices between Japan and Taiwan. Thank you very much for their kindness in taking me to various places over the weekend, allowing me to experience Japanese culture.

Overall, this has been a truly valuable month for me, and it is truly my honor to have met all the urologists here. Here, I sincerely thank Prof. Takeda, Prof. Mitsui, Dr. Sawada, Dr. Kira, Dr. Mochizuki, Dr. Shimura, Dr. Ohtake, Dr. Kakibuchi, and their colleagues for their invaluable help during my stay in Yamanashi.



[2. Dr. Siddharth Yadav, Vardhaman Mahavir Medical College & Safdarjung Hospital New Delhi, India]

At the outset, I would like to thank Japan Urological association for giving me an opportunity to visit a centre of excellence in Japan and observe and learn from some of the best Urologist. It has been an enriching experience for me, both professionally and personally, and in this report, I will try to summarise my experience at Ehime University, although words cannot really express how great full I am for this opportunity and how much I have gained from it.

Ehime University hospital is in Toon city, a picturesque quaint town surrounded by lush green mountains. It is a state of the art facility offering all the sub specialities of Urology, including robotic oncology. The department is well established and focuses on clinics as well as basic lab research and has self-sufficient lab within the department.

I got the first hand opportunity to observe all the cases that were operated upon during my stay, along with attending the morning rounds and conferences. It was pleasure to observe the Ehime hospital's technique for radical prostatectomy and radical cystectomy. The techniques are slightly different from what is followed worldwide, with DVC first approach for radical prostatectomy, which was very new for me and I could observe it and understand it well. Similarly, for radical cystectomy, the technique and extent of LND was different and it was mesmerising to observe it first hand. Besides these, I was able to observe laparoscopy and Endourology and could appreciate the differences between the techniques back home and at Ehime and it was a pleasure to discuss the various aspects for surgical techniques with the operating surgeons, who were more than happy to explain each step in detail. Besides the surgical procedures, I was really amazed by work flow of the department, how every thing was balanced, smooth and swift.

Another highlight of the observership was the resident teaching program at Ehime University. Being from a teaching university hospital myself, I was looking forward to see the resident training program at Ehime University and take back some things to improve upon our program. And I would say I was amazed by the training program at Ehime University. Prof Saika, and other surgeons leave no stone unturned to explain the residents the surgical steps in detail and guide them throughout the surgery. I must appreciate the patience of Prof Saika, to stand and guide every step of a junior surgeon is not an easy task and this is something I will remember for my lifetime and try to inculcate in my practice and the training program at my centre.

I was also amazed by the laboratory facilities within the department and the basic research on cancer prostate and cancer bladder being conducted there. Prof Saika and Dr Ryuta Watanabe were kind enough to show me the lab and explain me the tests performed and research being conducted. It was a new thing for me as back home, these labs are not run by urologists. However, having a lab within the clinical department is very beneficial as research performed in such labs will have more clinical relevance and this is also something I will try to inculcate back home.

Besides clinical and lab work, the department has a video library of all the cases operated in the department in past 10 years. On the relatively free days, I watched some of the selected interesting cases and it is great resource for resident training and for an observer who wants to cover all the aspects of Urology with a short stipulated time.

I would like to take this opportunity to thank Prof Saika, under whose guidance, I was able to visit this centre of excellence and learn so much. Besides Prof Saika, I would like to thank Dr Miura who was always there to answer my unending questions about the surgery or just random things about health care in Japan. I would also like to thank Dr Nishimura who was always around to help me and taught me various things about health care in Japan, besides explaining to me the surgical procedures and other nuances. I would also like to thank Dr Ryuta Watanabe, who made sure that every important meeting was communicated to me and showed me around the lab and help me adjust. I would also like to express my deepest gratitude to Dr Haga, who was tasked with the tedious job of picking me from the airport and arranging the hostel and introducing me to the Japanese culture and I am thankful to him for his time and effort. I would also like to thank Dr Kikugawa, Dr Miyauchi, Dr Fukumoto for their continuous guidance and support. I would like to express my gratitude to Dr Nishida, Dr Sakamoto, Dr Onishi, Dr Sawada, Dr Nobumura for their constant support. And last but not the least, I would like to thank the secretariat staff of Prof Saika who were always there to help me out and made sure that I was having a comfortable stay.

On a lighter note, I saw the first snowfall of my life the very next day of arriving in Japan and was able to see the Sakura in full bloom at the open sunny ground of Matsuyama Castle. These are some of the memories that I will cherish for ever.

I must say that this short visit to Japan has helped me both professionally and personally. I will return back home with a better understanding of surgical techniques, a better model for the resident training program and a better vision on the benefits of establishing a laboratory within the clinical department of Urology. And I must again thank the Japan Urological Association for giving me this once in a life time opportunity and Prof Saika for such an enriching and fulfilling observership. I look forward to meet Prof Saika, Prof Kikugawa, Dr Miura, Dr Nishimura, Dr Watanabe, Dr Haga and others at the annual meeting of UAA or other international platforms in the future.

[3. Dr. Ghazian Adli, Airlangga University, Surabaya, Indonesia]

Introduction

First and foremost, I would like to express my gratitude to the staff and members of the Japan Urological Association (JUA), especially the JUA International Committee, for providing me with this invaluable opportunity. I would also like to express my sincere gratitude to Prof. Koji Shiraishi, as my supervisor, for his unwavering patience and guidance during this program. It is a great honor to have been given the chance to gain clinical and academic experience by spending two months at this institution.

The purpose of obtaining the International Traveling Scholarship was to learn about the latest techniques and research in this urology field and to establish academic connections with leaders in the field. Initially, as a staff member in the Urology-Andrology division, my primary interest was in men's health cases, particularly the management of male infertility. However, I was amazed by the wide diverse urological services at Yamaguchi University, where they excel comprehensively across all urological subspecialties. Their department stands out as one of the most advanced and well-

equipped urology department in Japan both in basic research and clinical practice. Beyond my clinical interests, I was also eager to investigate how urologists in Indonesia and Japan differ in their approaches to applying research advancements into real-world practice. With the generous support and collaboration of the urology departments at both institutions. I am proud to say that my goal with this scholarship has been achieved thanks to the support of the all Yamaguchi University urology teams.

In this section, I will present the summary of my clinical experiences at Department of Urology Yamaguchi University.

Summary

I started my two-month clinical observership on April 8th, 2025 with a warm welcome from Professor Koji Shiraishi and all of the department staff. Firstly, Professor Shiraishi introduced me to his colleagues and informed me about the workings of his team. Then, when I introduced myself to all the staff there, he enquired about my interest in Urology, and he tells about the wide range of urology care in his institution. Most of the time during my visit, I learned with him Yamaguchi University Hospital. Furthermore, with his arrangement, I followed him to the Ube-Kohsan Central Hospital to gain more experience from his practice, especially in male infertility surgery.

During my observership, I had the opportunity to evaluate urological care across all clinical settings - inpatient wards, operating theaters, and outpatient clinics. The most remarkable aspect was observing numerous surgeries using state-of-the-art robotic (using Da Vinci Xi) and laparoscopic surgeries including RARP, RALPN, RASC, RAPP, Laparoscopic Kidney, and Adrenal Surgery. The procedures were performed with remarkable precision and efficiency, demonstrating clear benefits for both surgeons (through enhanced ergonomics and shorter operating times) and patients (through improved outcomes). Most surgeries involved two or three staff surgeons working with a fellow or resident and the attending surgeon provided detailed instruction, which demonstrated the program's excellent educational environment, and this gave me valuable insight into their teaching methods.



Caption: left picture) Prof. Shiraishi and me



Caption: right picture) dr Shimabukuro and me

This exposure was particularly valuable as robotic-assisted surgery remains in its early stages in Indonesia. Recognizing that this technology will inevitably become the global standard in urology, I consider this experience crucial preparation for when Indonesia adopts these advanced techniques more widely. The insights gained will undoubtedly contribute to my ability to facilitate this transition in my home country. I also had the opportunity to observe kidney transplant procedures, which are performed at a remarkable volume of 1-2 cases per month, one of the highest in the region. In endourology, besides laparoscopic procedures, I also had the opportunity to witness various advanced procedures including PCNL, TUL with flexible URS, and HoLEP utilizing the newest MOSES laser technology. Witnessing up to two RARPs and the others 3-4 laparoscopic or endourology surgeries in a day, was astonishing and provided me with insights into the differences between practices in Indonesia and Japan.

One of my highlights, I had the privilege of observing Professor Shiraishi operation for male infertility cases. He is one of the urology andrology specialist in Japan who has a lot of experience and innovations in this field. He demonstrated several advanced microsurgical techniques including micro-varicocelectomy, and he developed a novel technique with a high inguinal approach so that the operation can be done quickly and efficiently, the results were comparable and have been published in high-impact journals. This technique made it easier for us young urologists who are still beginners in microsurgery since the subinguinal approach offers us more complex anatomy. Other comprehensive Andrological Microsurgery were also observed like microsurgery spermatic cord denervation, vas reconstruction, and sperm retrieval with Micro-TESE.

This exposure to world-class andrological surgery has profoundly enhanced my understanding of male infertility management and established a new standard for my future practice when I come back to Indonesia. The opportunity to learn directly from a pioneer in the field and observe these refined techniques first-hand constitutes an invaluable component of my surgical training abroad.



Caption: All Department Urology Yamaguchi University Staff and me

In addition to clinical practice, I also had the opportunity to participate in the morning conference and research meeting. During morning conferences, all cases were dissected with precision medicine principles, blending patient-specific factors with evidence-based decision-making. Meanwhile, at the research meeting, the team showed their passion for exploring new ideas. They used real medical questions to guide their studies and applied science to improve their work. Although the conferences are conducted only in Japanese, I always try to ask questions and sometimes use a translator to understand even a little. This dual commitment to both masterful patient care and the pursuit of knowledge motivated me. It reinforced that the best surgeons don't just operate, they innovate, question, and contribute to the evolution of their field. Making me believe that becoming a surgeon-scientist is essential.



Caption : Dinner with staff and resident

The 112th Annual meeting of the Japanese Urological Association

I am incredibly grateful for the opportunity to attend this three-day urology congress, where I gained invaluable insights into the latest advancements in the field and had the privilege of meeting world-renowned experts such as Dr. Rajeev Kumar, Dr. Akira Tsujimura, Dr. Vipul Patel, Dr. Arnulf Stenzl, Dr. Peter Black and many more. I also invited to the IJU Editorial Board meeting and it was a tremendous honor, highlighting Japan's dedication to urological research and global collaboration. I extend my deepest appreciation to Ms. Tanaka and the organizing committee for their exceptional support in making this experience possible, this has truly been a unforgettable professional milestone.



Caption : left picture) Prof. Tomita (Chair of JUA International Committee) and me

Caption : right picture) Prof. Miyake, Prof. Nonomura, Prof. Okimura (IJU Editor-in-chief) and me



Caption : left picture) Prof. Shiraishi and me



Caption : right picture) Me and "Hinotori" Japan Surgical Robotic System

Acknowledgements

- My gratitude goes to the Japan Urological Association for creating this program and I hope that this program can be sustained in order to make young urologist who comes from middle-low income countries can experience the real advancement of knowledge and technology in good urology center.
- My special thanks go to Prof Shiraishi, dr Shimabukuro, dr Isoyama, dr Hirata, dr Hiroyoshi, dr Oka and all urology lecturer at Yamaguchi University Hospital for teachings and guidance during my stay.
- I thank the Urology fellows dr Teraoka, Urology residents dr Ban, dr Ogawa, dr Yamaguchi, dr Tokunaga and all residents there, for their warm welcome and their integration into daily clinical work and teaching program.
- Thank you to Clinical and Administration body of Department of Urology, for allowing me to attend this very important clinical observership at their institution.
- Lastly, I thank to all the staff at Department of Urology Airlangga University and my family for always supporting me for this program, you all are the reason I keep moving forward and never give up.

Remarks

Overall, my clinical observership at Yamaguchi University Hospital successfully gained useful knowledge and efficient skills from distinguished mentors like Prof. Shiraishi. This scholarship was definitely one of my fundamental carrier steps. I will contribute to my Urology Society and practice in Indonesia for better research and patient care. I wish all members and their families are safe and happy in the future. Doumo arigatou gozaimasu!

[4. Dr. Lim Li Yi, Hospital Canselor Tuanku Muhriz UKM, Malaysia]

A Warm Welcome to Fukuoka

My JUA Asian Scholarship journey experience began with excellent email communication from Dr. Nakamura of Fukuoka University. He has arranged for me to stay at the Fukuoka Garden Palace Hotel, which is generously funded by the university. Furthermore, he offered to pick me up from the airport or train station, which I politely declined but am grateful for.

Clinical attachment

On my first day, Dr. Nakamura graciously picked me up from the hotel, introduced me to the team, and briefed me on the department structure and daily schedule. Dr. Yokoyama, a female doctor, was assigned to assist me for me throughout the attachment, which was a great help.

The team's hospitality was remarkable. Professor Haga and his wife invited me to a memorable omakase sushi dinner. The team organized a lovely welcome dinner at a yakiniku restaurant serving delicious local beef. Dr. Miyazaki also invited me to dinner with his family and to attend a first-ever baseball game, which I am very excited about!

The language barrier posed some challenges, but everyone made great efforts to communicate with me using translation tools and simple English, actively involving me in ward rounds, surgeries, and social activities. I truly appreciated their patience and friendliness.

I am also thankful to Professor Haga for giving me the opportunity to co-author a case report on a urachal abscess, a rare and interesting case that I had not encountered before.





Observations and Reflections

My experience at Fukuoka University Hospital was enriching. I noticed notable differences in clinical practice and hospital setup as compared to my home institution.

The hospital is equipped with state-of-the-art facilities. I was particularly impressed by the advanced operating room monitoring and recording system, The operating theatres are well-equipped with a wide range of instruments, including five surgical robots. The team strictly adheres to the “Safe Surgery, Save Lives” protocols, using multiple checklists with excellent compliance.

The urologists also have a broad clinical scope, performing their own ultrasounds, administering chemotherapy, and managing palliative care patients. Their outpatient clinic runs efficiently with smooth patient flow and minimal waiting time.

I was impressed by their strong team culture. The daily morning briefing and discussion sessions stood out as an excellent practice which allows all members to review and discuss inpatients and upcoming surgical cases and serves as a valuable platform for work-based assessment. It is a practice that I will try implement in my own unit.

Exploring Japan

Outside of the hospital, I made the most of my time in Japan. Before starting the attachment, I spent two days at the Osaka World Expo 2025, an incredible experience. Although this is my fourth visit to Japan, it is my first time in Kyushu, and I truly enjoyed exploring the region. I visited Beppu, Yufuin, Itoshima, Mount Aso, and Takachiho Gorge, each with its own unique beauty and cultural charm.

Conclusion

I am deeply grateful to the Japanese Urological Association (JUA) for this invaluable opportunity. My attachment at Fukuoka University was truly inspiring, both professionally and personally.

Sincere thanks to Professor Haga, Dr. Nakamura, Dr. Miyazaki, Dr. Yokoyama, and the entire Fukuoka University Urology team for their warm hospitality and kindness throughout my stay.

[5. Dr. Vinh, Vo Anh Trang, Binh Dan Hospital, Ho Chi Minh City, Vietnam]

2025 JUA Clinical Observation Report - Vinh Trang - Vietnam

See the separate file attached.

[6. Phirawat Phromprathum, Sena Hospital, Phra Nakhon Si Ayutthaya, Thailand]

First of all, I would like to thank the JUA (Japanese Urological Association) for launching the Asian Scholarship program and allowing me to participate in it in Japan. I am grateful to be involved in these inspiring opportunities. Thank you, Dr. Yasuhisa Fujii, Professor of Urology at the Institute of Science Tokyo Hospital. I would like to thank Dr. Hajime Tanaka and Dr. Masaki Kobayashi for their kind and warm welcome and support during my time in Japan. Thanks to all faculty members for their friendly and kind support. Moreover, I would like to express my sincere gratitude to Miss Yuki Tanaka, the JUA international committee, who coordinated with me before my arrival to arrange accommodation, contact, and regulations during my stay.

Team and activities

I need to give credit to Dr. Masaki Kobayashi, whom I was assigned to follow on his team. Thanks to all team members, including Dr. Tatano, Dr. Sakakibara, and Dr. Urushido. Dr. Kobayashi's interests were urooncology, especially prostate cancer, and endourology (urolithiasis). Dr. Kobayashi is a kind, knowledgeable, and educational supervisor with good surgical skills. It was fortunate for me that we are in the same generation, sharing similar experiences and clinical perspectives. He also enthusiastically guides me and translates some clinical points and operations that I struggle to understand. I also participate in team morning and even ward rounds. Despite the language barrier, I still partly recognized the Japanese workflow, patient approach, good manners, and clinical judgment. It was a kind favor to let me participate in the conference, as the host institution launched some parts of the conference in English, which facilitated my participation and understanding. I discussed the differences in clinical practice in Thailand, particularly in terms of resources, population, and culture. Discussion improved my understanding of the underlying reason for some questionable clinical practices. Some clinical points could be used as valuable core knowledge to guide improvement in clinical judgement in my workplace.

Surgery

I have experienced new, unseen type of surgery, such as MIES (Minimal incision endoscopic surgery), which is another type of minimally invasive procedure that is cost-effective, applicable, and

reproducible. This procedure had been popular before the robotic era. I also observed an extraperitoneal robotic prostatectomy, which is theoretically difficult to perform, but Dr. Kobayashi had done it smoothly.

I had chances to observe previously seen operations, such as robotic radical cystectomy with intracorporeal ileal conduit. Nevertheless, this operation I had experienced was performed by Dr. Yuma Waseda and Dr. Shohei Fukuda, and it is one of the best minimally invasive cystectomies I have ever seen. The procedure was meticulously and patiently performed with significantly low bleeding. I need to name it a bloodless operation.

Working culture

However, the most important things I have encountered and learned during this period were not surgical expertise, but rather the Japanese working perspective and culture. I believe this is the most valuable experience I've had, which can significantly impact my self-recognition and future self-improvement. These were punctuality, discipline, uniformity of surgical practice, and constructive, practical contributions and discussions. This impressed me significantly, as these working traits yielded safe, effective, predictable, and reproducible results in surgical practice.

The uniformity of the practice among surgeons in the same institution surprised me. This was different from my experience, as significant heterogeneity in surgical approach, steps, and surgical material used occurred. However, uniformity was likely to be one of the key factors in patient safety, surgical effectiveness, predictability, and research purposes.

Non-academic issues

For extracurricular activities, I enjoyed sightseeing in Japan. The Tokyo vibes during this period were fantastic, despite the occasional rain. Dr. Kobayashi took me to a local Japanese restaurant, which was hardly accessible as a tourist. Moreover, despite the day spent in Tokyo being a relatively short period, around one month, it was long enough to perceive the Japanese way of life and the urbanism of the Japanese people in the capital city. I also spent a few days in another prefecture, where I admired the natural beauty and local Japanese culture. This fulfilled my Japan journey apart from educational purposes.

At last, I was thankful for every component that brought me on this memorable journey to Japan. I am confident that I can synthesize my experience, new ideas, and cultural perspectives into a new outlook that I can apply in my clinical practices and daily life. In the near future, I hope to visit Japan multiple times, either for leisure or educational purposes. Nice to meet everyone, and I hope to see everyone sooner or later.



Presentation of self-introduction, clinical, and research interests



Reception



Me and My team

【7. Dr. Tan Yi Quan, National University Health System, Singapore】

Firstly, I am deeply thankful to the Japanese Urological Association (JUA), especially JUA President and JUA International Committee Chair for this once-in-a-lifetime opportunity to visit Tokai University Hospital and School of Medicine. I am also extremely thankful to Professor Sunao Shoji for his mentorship and guidance during the 1-month exchange at his department. It was my honour to be able to have this academic exchange with the faculty and staff of Tokai University Hospital Isehara Campus and Tokai University Hachioji Hospital.

The goal of the JUA Asian Scholarship is to provide young urologists in Asian countries to observe surgeries/procedures, as well as attend clinics and staff activities at training hospitals in Japan. My main goals were:

1. Learning about the healthcare system of Japan, particularly the organization of primary, secondary and tertiary care, referral pathways, funding mechanisms.
2. Learning more about Focal Therapy for prostate cancer, especially in High Intensity Focused Ultrasound.
3. Visit the research facilities available at Tokai University Hospital and understanding the research work that is being conducted.
4. Have meaningful academic exchange with the faculty, residents and staff of Tokai University Hospital and paving the way for future academic collaboration and social exchange.

At Tokai University Hospital, I had the opportunity to attend the department's clinical meetings to discuss operative cases and research topics. I also had plenty of opportunities to visit the busy Operating Theatres to observe cases, and discuss some differences in practices between our countries. A highlight was also interacting with the residents and trainees, to also 'give-back' with some advice and training tips.

As my mentor was Professor Sunao Shoji, a world leading expert and Key Opinion Leader in focal therapy for prostate cancer, one of my main objectives of the visit was to learn more about High Intensity Focused Ultrasound (HIFU) for prostate cancer treatment. I managed to learn about the patient selection criteria, core considerations, pre-operative planning, procedure execution, and postoperative management for HIFU. Seeing the HIFU cases being done in person brought to life the theoretical knowledge that I had read about online. I also managed to have wide-ranging and in-depth discussions with Prof Shoji regarding the clinical and technical aspects of HIFU. Crucially, we also discussed the opportunities and possible challenges in setting up a HIFU programme back at my home country.

From the research point of view, I had a good understanding of how the HIFU programme at Tokai University Hospital had evolved over the past 5-10 years, and the sterling clinical outcomes. Prof Shoji also showed me the research laboratory where they were performing basic clinical research related to focal therapy for prostate cancer.

Another major highlight was the opportunity to attend the 39th Japanese Society of Endourology and Robotics Conference, with the support of both JUA and JSER. This was very eye-opening in terms of learning how Japanese Urology has progressed, and is currently progressing. In particular, I managed to learn more about micro-ultrasound technologies and HIFU, which Japan is currently very advanced in its development. I also took the chance to meet up with many Japanese urologists – old friends from before as well as forming new bonds and friendships. These relationships would be invaluable in future collaborations.

This trip has left me with many fond memories of Japan and Tokai University Hospital. The warm hospitality of the Japanese people I have met is undoubtedly found nowhere else in the world. Once again, I would like to extend my deepest appreciation to JUA for the invaluable opportunity. I would strongly encourage the Urologists from my home country and all over Asia to apply for this programme.



受け入れた施設からの声

〈受け入れてよかった点〉

- ・ 教室員が協力して対応してくれたのが良かったです。今までにない「まとまり」を感じました。留学生が女性であったので、女性の医局員が積極的に対応してくれて、女子会を開催していたようです。温泉にも何度か一緒に行っていたようです。
- ・ 教室員の英語でのコミュニケーションのトレーニングになりました。
- ・ 海外の医療との違いを直接きくことができました。
- ・ インドからの初めての留学生 相互理解の向上 教室員の啓発、刺激
- ・ 若手泌尿器科医のモチベーションの向上、英語力アップ、国際感覚の習得
- ・ 海外の医療と本邦の医療の違いを認識することが出来た
- ・ 留学生の熱意により医局員が刺激を受けることが出来た
- ・ 海外の施設と今後も交流する機会を得るきっかけになると考えている

- ・ 時間厳守をしていたこと。
- ・ 医局員全員とのコミュニケーションが良好であったこと。
- ・ **Focal Therapy** に強い関心を持っていたため、当院で行っている関連診療を積極的に見学し、リサーチミーティングにも参加、積極的な発言をしていたこと。
- ・ タイの泌尿器科診療について留学生との議論を通して学ぶことができた
- ・ 症例カンファレンスを英語で実施することで、診療科の若手医師にとっても学びの機会となった
- ・ 本邦の泌尿器科診療についてタイの泌尿器科医師に知っていただくことができた

<困った点>

- ・ 家族対応 宿泊施設への本学対応 交通機関
- ・ 宿泊施設の確保が難しかった。今回は看護寮への入寮が可能であったが、手続き上の問題が多少あったこと。寮入所が不可であった場合、近年の宿泊施設代の高騰による留学生の経済的負担は相当なものになったと思われます。
- ・ 留学生渡航のために当方で用意すべき書類等のリストがあればよりスムーズに手続きが進んだと思われます。
- ・ 手術等の見学していただきたいイベントも限られているので、今回学会シーズンでの受け入れであったため留学生にも泌尿器東部総会、**JSER** 等多数学会に参加していただけたのは良かったと考えております。
- ・ 事前に留学生の関心分野や専門性を把握できていれば、より適切に対応できたと感じています。今回は偶然、留学生の関心と当院の取り組みが一致しましたが、今後は事前にマッチングを行うことで、双方にとって有益な研修期間になると思いました。
- ・ 留学生の滞り場所が、受け入れ施設から遠く、送迎を要したこと(結果的には、送迎を繰り返すことで友好関係が深まりましたが)。留学生には、事前に留学先施設の住所の確認と、滞り先について留学先窓口と話し合う機会があれば良いと思いました。
- ・ 留学生の滞り期間中に、**JUA** を通じて無料で参加できる学会を事前に募集していただけると、留学生に紹介しやすく、良い機会になるのでは、と感じました。
- ・ 宿泊場所の選定と確保において、当科がどのように関わるべきか理解できておらず、直前にバタバタしてしまつた。(日本泌尿器科学会ご担当者様大変お世話になりました。ありがとうございました。)
- ・ 本邦とタイでは泌尿器科専門医となるまでのキャリアパスが異なり、またタイのシステムを理解していなかったため、受け入れ当初、留学生がどのくらいのキャリアのある医師かよく分からなかった。

<期間についてご意見>

- ・ もう少し(全体で2か月)必要かなと感じる部分も。